

Service Locations

To find out more please contact

Blair Athol

309 Prospect Road
Blair Athol SA 5084
Tel: 8269 9300

Kent Town

33 Rundle Street
Kent Town SA 5067
Tel: 8269 9300

Barossa Valley

Shop 7/8 109-111 Murray St
Tanunda SA 5352
Tel: 8562 2688

Murraylands

31 Florence St
Murray Bridge SA 5253
Tel: 8562 2688

Email enquiries:

fars@lutherancare.org.au

Other locations may be listed on our web page
lutherancare.org.au

Days and times of services may vary between offices.

Regional Services

Lutheran Care offers a number of outreach services in regional areas of South Australia.

People living in regional areas are encouraged to contact a Lutheran Care counselling office (see Service locations) directly to discuss options that best suit the person, couple or family.

Donations

To make a donation, please contact your nearest Lutheran Care office or visit lutherancare.org.au

Feedback

We value your comments about our services. If you would like to provide feedback about Lutheran Care Counselling Services, feedback forms are available from our reception or on our website. Alternatively you can email feedback@lutherancare.org.au

If you have a complaint about our services, we aim to resolve the matter as quickly as possible. Our complaint process is available on our website at www.lutherancare.org.au/feedback-and-complaints.

All feedback and complaints received are completely confidential.

Privacy Policy

Lutheran Care is committed to complying with the Privacy Act 1988 as amended and the National Privacy Principles. A copy of the Privacy Policy is available on request.

Supported by the Australian Government Department of Social Services.

ABN: 26 735 070 692



LUTHERAN CARE



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Counselling Services

What is counselling?

Counselling is a therapy based service for individuals, couples and families that provides an opportunity to share and discuss personal concerns, challenges or goals with a professionally trained counsellor in a private and safe environment.

Counselling can assist with:

- Clarifying concerns
- Gaining understanding
- Considering alternatives
- Setting goals
- Implementing strategies

Lutheran Care Counselling

Lutheran Care offers counselling services for individuals, couples and families who may be experiencing challenges or difficulties. Our key priority is to listen and work with you to strengthen personal wellbeing, family relationships and ensure the safety and wellbeing of children.

All Lutheran Care counselling sessions are delivered in a safe, confidential and supportive environment where personal thoughts, feelings and concerns can be openly shared and considered.

Our professionally trained counsellors respect the importance of each person's lived experiences, spirituality and emotional wellbeing and the influence this has on their relationships. We listen to your concerns and work with you to develop strategies and skills to achieve positive outcomes that are valuable to you.

Our Services

Lutheran Care's counselling services offer professional support to people of all ages, backgrounds and cultures with our trained and experienced counsellors.

We offer a range of different types of counselling providing the flexibility for people to choose the service that best suits their current needs.

We offer:

- Family and Relationship Services (FaRS)
- Specialised Family Violence Services (SFVS)
- Education and Training (Prepare/Enrich, school outreach, parenting classes)
- Programs for CALD Communities

Counselling services can be delivered in individual, couple or group based settings. Sessions are 60 minutes in length.

Referrals

If your individual support requirements fall outside of our scope of practice, you may be referred to another agency or practice. This is simply to ensure that you receive the most appropriate support to meet your goals and needs.



Confidentiality

Lutheran Care counselling services maintains confidentiality except where a mandatory reportable offence (e.g. child abuse) has been disclosed or where there is a risk of harm to yourself or another person.

Counsellors receive professional supervision to ensure high standards of service are maintained. The supervisor is strictly bound to maintain confidentiality. All identifying information is removed in supervisor and counsellor discussions.

Lutheran Care participates in Government Information Sharing Guidelines for the benefit of the people it serves, for the safety of those who are vulnerable and to avoid duplication of information. Except where legal requirements determine otherwise, participants in our service would provide consent before any information is shared.

You may access your records on request. Records are not protected against court subpoena.

Payment information

Fees are assessed according to household income, listed below.

Family income	Fee per session
Pension/Unemployed/Student	\$20
Up to \$35,000	\$35
\$36k - \$50,000	\$50
\$51k - \$70,000	\$60
Over \$70,000	\$75

Service will not be refused based on inability to pay.