

Emergency Relief



Lutheran Care's Emergency Relief program provides immediate support for low income households in the local area, to help them overcome an unforeseen situation or crisis.

Our friendly team will listen to your story with no judgement, and connect you with help such as food, vouchers, essential goods, and referrals to other supports, to help you get back on your feet whilst you are experiencing hardship.

What we provide:

Assistance can include:

- Food parcels
- Bedding and linen
- Hygiene supplies
- Newborn & baby essentials
- Transport, supermarket & op shop vouchers
- Community information and/or referrals to programs such as Financial Counselling & homelessness support.



BLAIR ATHOL

(08) 8269 9300

TANUNDA

(08) 8562 2688



Fill Our Pantry

Our Emergency Relief service accepts donations of food and other goods generously provided by the community at our Blair Athol and Barossa Valley (Tanunda) sites. We are continually in need of the following items for our Basic Food Packs:

- Pasta or rice
- Pasta sauce
- 1 litre milk (fresh or UHT)
- Cereal (eg. Weetbix)
- Tinned fruit
- Biscuits
- 2 Minute Noodles
- Spreads
- Tinned tuna/ham
- Tea, coffee or Milo
- Baked beans or spaghetti
- Cup a Soup
- Tinned vegetables
- Tinned soup
- Toilet paper
- 2 in 1 shampoo & conditioner
- Toothpaste
- Toothbrushes
- Bars of soap
- Deodorant
- Tampons/pads

Donate at any of our Emergency Relief sites:



Blair Athol

309-311 Prospect Rd, Blair Athol SA 5084
9am-5pm, Monday to Friday.



Barossa Valley

Shop 7/8, 109-111 Murray Street (enter via MacDonnell Street), Tanunda SA 5352. **9am-4:30pm**

